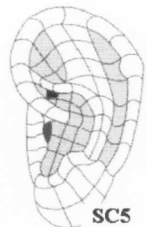
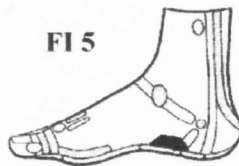
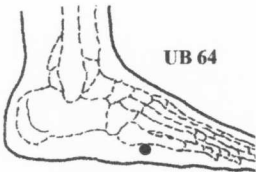
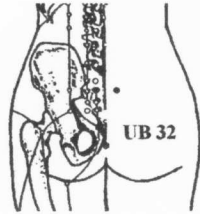
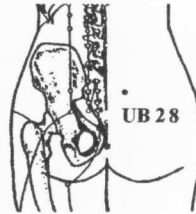
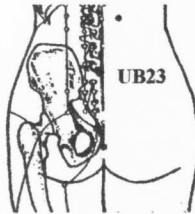
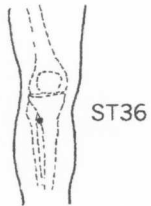
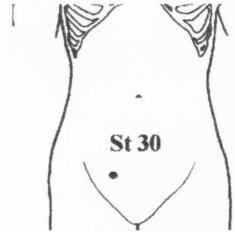
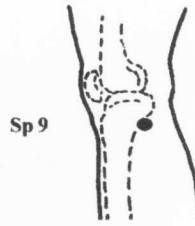
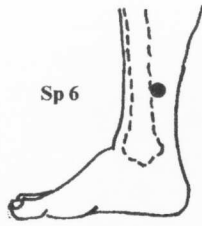
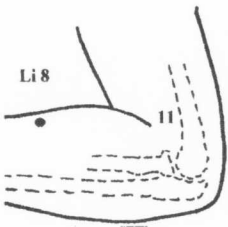
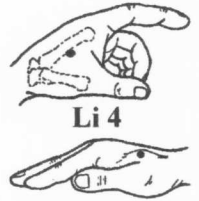
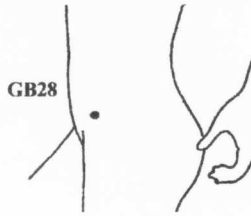


# AcuPoint Analysis BLADDER\*



- C04** 3 cun below, and in line with the navel.
- ESC05** URETHRAA .F, BLADDER
- FI05** Bladder. Inside foot
- GB28** On the side of the lower belly, just below the head of the pelvis, which is known as the anterioriliac spine.
- HI05** Bladder. Hand inside.
- K11** Located the width of 1/2 thumb from the abdominal midline on top of the pubic bone.
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LI08** 4 Cun below LI11(On the extreme end of the outer crease at the elbow) on a line connecting LI05 and the end of the visible elbow crease or LI11.
- SP06** The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
- SP09** On the inner portion of the leg, just below the level of the kneecap, in the concave depression just above the calf, in line with the crown of the inner ankle.
- ST30** 2 Cun from the median and 5 cun below the level of the navel. On the pubic bone.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- UB23** 1.5 cun from the spine on a level between the 2nd and 3rd lumbar vertebra level with the waist. Easily stimulated with the Back-eze.
- UB28** 1.5 Cun from the spine midline, between the lower medial border of the posterior superior iliac spine and the sacrum. 2 cun above the point where the buttocks form a crease. Easily stimulated with the Back-eze.
- UB32** On the second posterior sacral foramen. 2 cun above the crease where the buttocks come together and 0.5 cun from the spine midline. A point easily stimulated with the Back-eze.
- UB64** The width of three thumbs away from the crown of the outer ankle, in a line drawn between the crown of the outer ankle and the nail of the smallest toe.