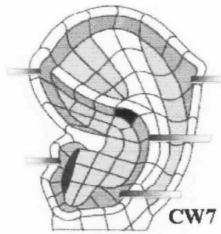
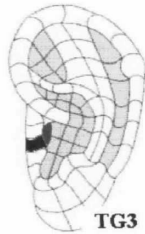
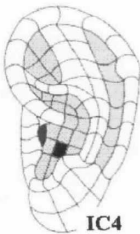
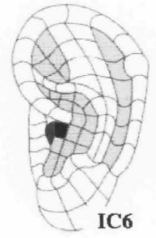
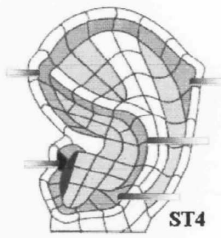
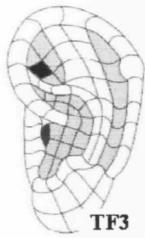
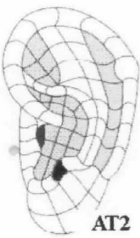
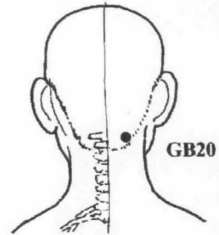
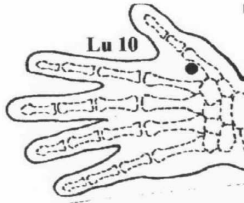
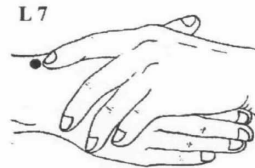
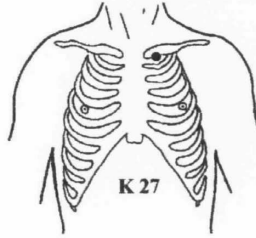
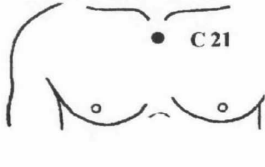


# AcuPoint Analysis COUGH\*



- C06** 1.5 Cun below the navel.
- C21** 1 cun below the center of the depression between the colar bones.
- K27** In the hollow below the collarbone next to the breastbone 2 thumb widths from the chest midline.
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LU07** On thumb edge of the wrist, 1.5 Cun toward elbow from wrist crease nearest hand. A difficult point to find, but made easier by linking the hands (in picture), find point beneath index finger lying along top of wrist, deep in a small hollow.
- LU10** On the palm side of the hand in the center of the pad at the base of the thumb
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- GB20** This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
- EAT02** TEMPLES, ASTHMA, APEX OF ANTITRAGUS
- ETF03** THIGH, Chinese Constipation Point, Antihistamine Point. Located on the 3th zone of the Triangular fossa.
- EST04** Chinese Larynx and Pharynx, Skin Master Point. Located on the 4nd zone of the Subtragus.
- EIC06** MOUTH, THROAT, PARASYMPATHETIC SACRAL NERVES
- EIC04** LUNG, HEART .C, BRONCHI, TUBERCULOSIS POINT
- ETG03** Master Point 6: Stress Control Point, Allergy Point, Chinese External Nose, Appetite Control (Hunger Point), Chinese Adrenal (Suprarenal) Gland, Corpus, Callosum. Located on the 3rd zone of the Tragus. This master point activates ACTH and corticosteroid hormones to facilitate the body's response to chronic stress.
- ECW07** THYMUS GLAND, THORACIC SYMPATHETIC GANGLIA

\*\*\*\*\*

COUGH\*:

Also:C6,12,22 G10,14,23 GB21,44  
S9-20, Sp4,14,18,20 B11-23,37-45

K1,3,19,22 Li11,13 L7,10 Lv14 P2,4