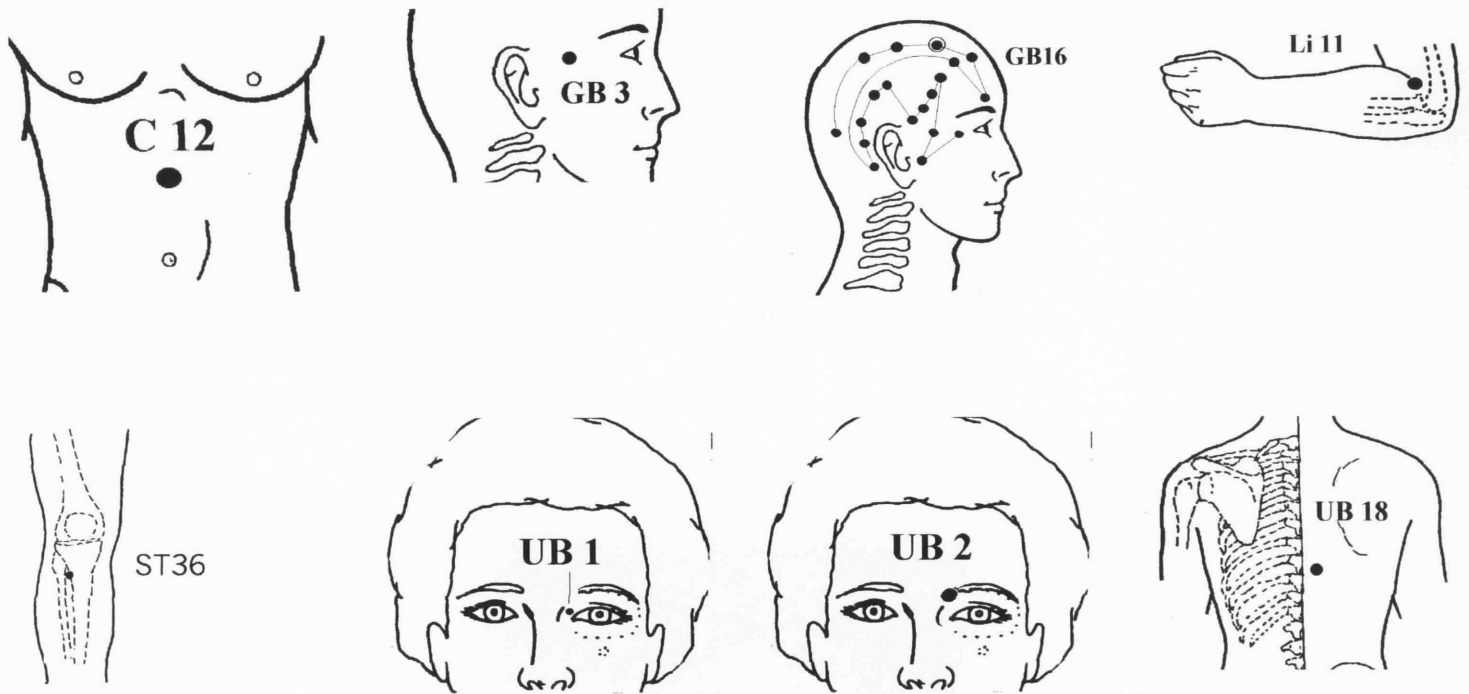


AcuPoint Analysis

EYE, IRITIS

Points



- C12** 4 cun above the navel, along the mid-line.
- GB03** In the middle of the temple.
- GB16** 1.5 into the hairline and 1.5 from the centerline of the skull.
- LI11** On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- UB01** At the inner corner of the eye, very near and slightly above the tear duct; massage between the notch you feel above the eye in the skull and the tear duct.
- UB02** At the inner edge of the eyebrow.
- UB18** 1.5 cun from the spine midline, on a level between the 9th and 10th thoracic vertebrae. 3 cun below the bottom edge of the shoulder blades.