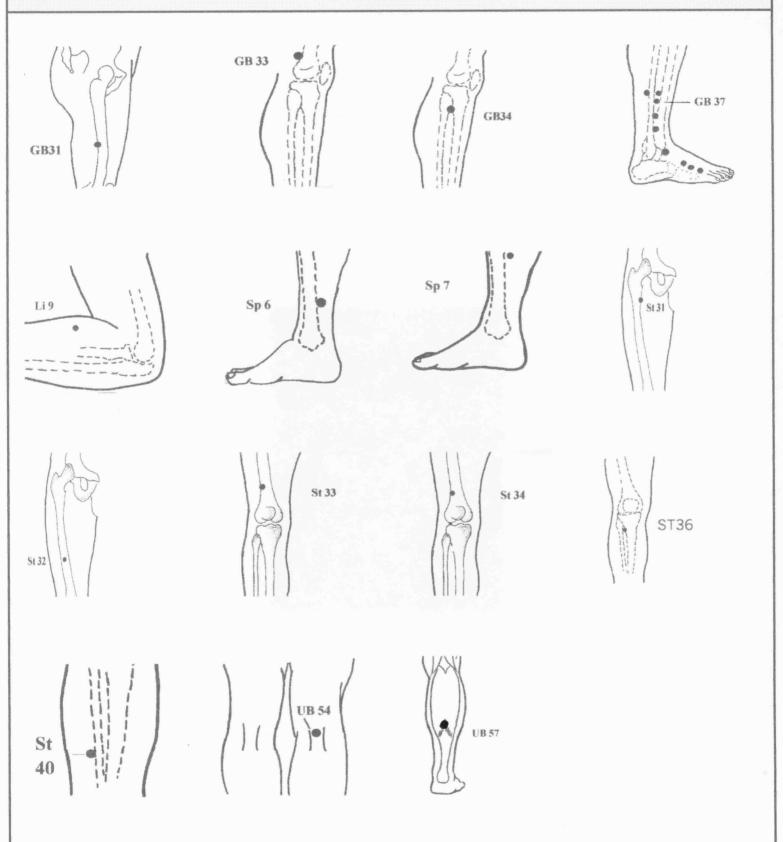
AcuPoint Analysis LEG NUMBNESS*

Points



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(DESCRIPTIONS)

Point	Description
GB31	On the outside of the thigh, 6 cun above the top of the knee cap. Standing erect with hands at the sides, the the point is at the tip of the middle finger.
GB33	On the outside of the leg level with the top of the knee cap in the depression just above the the bony knob at the bottom of the thigh bone.
GB34	Slightly below the level of the botton on the kneecap, on the outer side of the leg, in the slight depression formed when the knee is completely straight. Forward of a line to the crown of the outer ankle.
GB37	The width of two hands above the crown of the outer ankel, and slightly forward of a line vertical to the outer ankle.
L109	3 Cun below LI11 (On the extreme end of the outer crease at the elbow) and on a line connecting LI05 and LI11.
SP06	The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
SP07	The width of two hands (6 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
ST31	Just below the level of the pubis on the front of the upper thigh.
ST32	6 Cun above the top of the knee cap, in the front of the thigh muscle.
ST33	3 Cun above the knee cap along the side of the thigh bone.
ST34	2 Cun above the top of the knee cap with the knees flexed.
ST36	The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
ST40	8 cun below the knee cap and 1 cun behind the shin bone.
UB54	In the center of the crease at the rear of the knee, between the two ligaments. Do not use this point if you have varicose veins.
UB57	In the center of the base of the calf muscle, midway between crease behind the knee and the heel at the bottom of the calf muscle buildge.