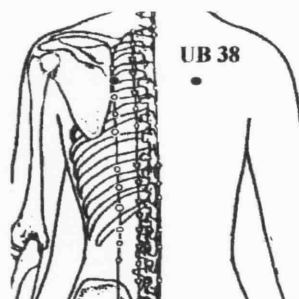
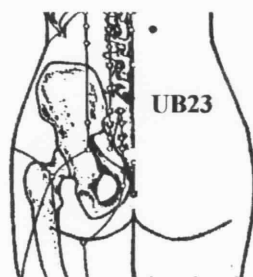
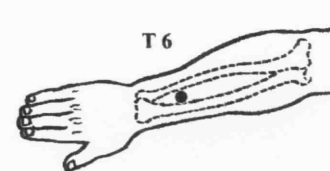
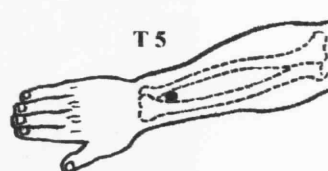
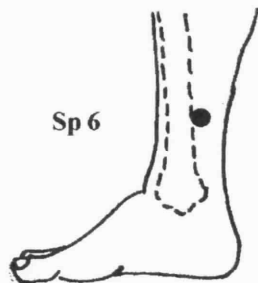
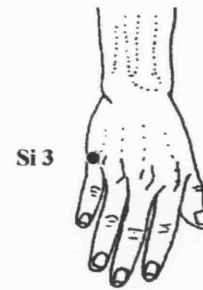
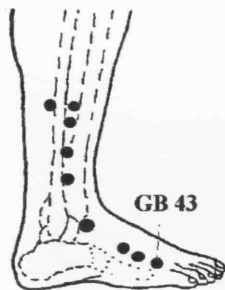
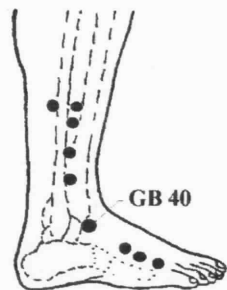


AcuPoint Analysis SHINGLES*

Points



AcuPoint Analysis

SHINGLES*

(DESCRIPTIONS)

| Point | Description |
|-------------|--|
| GB31 | On the outside of the thigh, 6 cun above the top of the knee cap. Standing erect with hands at the sides, the the point is at the tip of the middle finger. |
| GB32 | On the side of the thigh 4 cun above the top of the knee cap. |
| GB33 | On the outside of the leg level with the top of the knee cap in the depression just above the the bony knob at the bottom of the thigh bone. |
| GB34 | Slightly below the level of the botton on the kneecap, on the outer side of the leg, in the slight depression formed when the knee is completely straight. Forward of a line to the crown of the outer ankle. |
| GB40 | The width of one thumb directly in front of the crown of the outer ankle, in the valley that is just ahead of the crown. |
| GB43 | On top of the foot .5 cun from the skin crease between the fourth and smallest toes. |
| LI04 | On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone. |
| SI03 | On the outer edge of the hand, directly behind the knuckle of the littlest finger. |
| SP06 | The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg. |
| ST36 | The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together. |
| T05 | The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm. |
| T06 | 3 Cun above the skin crease on the outer side of the wrist in the middle of the forearm. |
| UB23 | 1.5 cun from the spine on a level between the 2nd and 3rd lumbar vertebra level with the waist. Easily stimulated with the Back-eze. |
| UB38 | 3 Cun from the spine midline, level with the fourth thoracic vertebra. Between the shoulder blade and the spine 4 cun below a line drawn between the tips of the shoulders. |