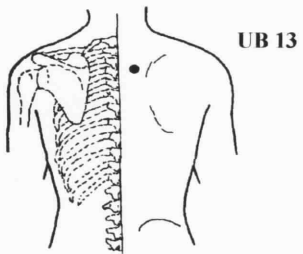
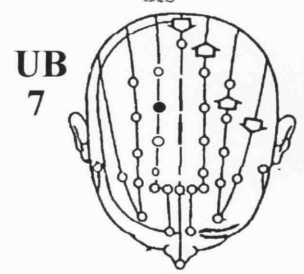
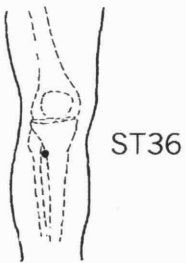
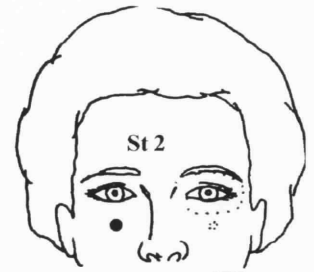
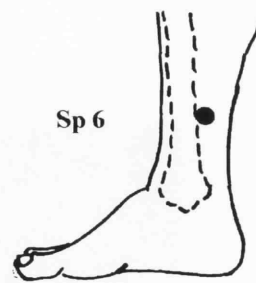
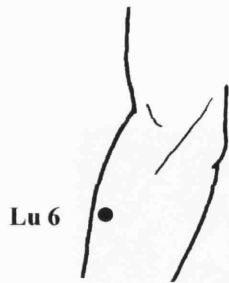
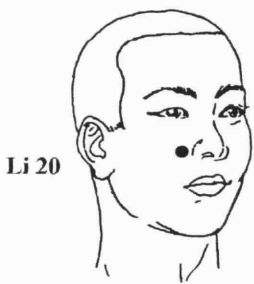
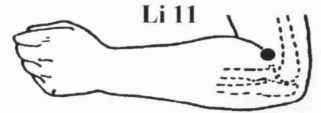
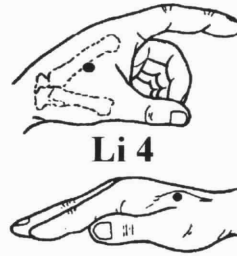
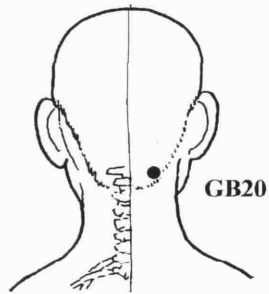
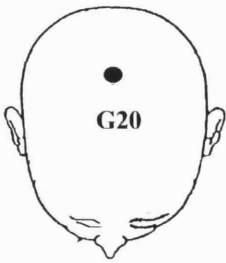


# AcuPoint Analysis SINUSITIS, CHRONIC\*

## Points



# AcuPoint Analysis

## SINUSITIS, CHRONIC\*

(DESCRIPTIONS)

Point	Description
<b>G20</b>	On the midpoint of the skull on a line connecting the tops of the ears.
<b>GB20</b>	This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
<b>LI04</b>	On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
<b>LI11</b>	On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
<b>LI20</b>	At the flare of the outer nostrils where they join the cheek, on the cheek, rather than on the nostrils.
<b>LU06</b>	Connect a line between LU05 and LU09. LU06 is located on the medial border of the radius, 7 Cun from the wrist crease and 5 Cun from the inner elbow crease.
<b>SP06</b>	The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
<b>ST02</b>	One-half thumb width below the center of the lower eye ridge in an indentation of the cheek.
<b>ST36</b>	The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
<b>UB01</b>	At the inner corner of the eye, very near and slightly above the tear duct; massage between the notch you feel above the eye in the skull and the tear duct.
<b>UB02</b>	At the inner edge of the eyebrow.
<b>UB07</b>	5 cun into the hairline, 1.5 cun from the center-line of the head. Easily found and stimulated with the Stressaway massager just by rolling in this area until you find a sore spot.
<b>UB13</b>	1.5 Cun from the spine midline, just above the inside end of the bony part of your shoulder blade (spine of scapula). Level with the third thoracic vertebra about 4 cun above the bottom edge of the scapula.