



- EI11** Chinese Minor Occipital Nerve. Located on the 11th zone of the Internal Helix.
- ETF02** Master Point 1, (Shen Men), French Hip, Chinese Shen Men (Divine Gate), Pelvic Cavity, French Wonder Point. Located in the middle of the 2st zone of the Triangular Fossa. This master point alleviates pain, tension, anxiety, and depression.
- EWT03** French Thalamic Nuclei, Dizziness, Vertigo. Located on the 3rd zone of the Wall of the Antitragus.
- EWT04** Master Point 3, (Thalamus Point), Pain Control Point. French Point du Thalamus, Chinese Subcortex (Dermis ) Point. Located on the 4th zone of the Wall of the Antitragus. This master point reduces pain by activating the thalamic pain inhibitory system, which is the supra-spinal level of the gate control pathway.
- GB20** This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
- GB21** On the top of the shoulder, one to two inches from the side of the neck.
- K01** On the bottom of the foot, in the middle, just behind the ball (the most padded forward part).
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- PAT03** Frontal muscle tension, frontal headaches, cerebellum
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- ST40** 8 cun below the knee cap and 1 cun behind the shin bone.
- T05** The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm.
- UB60** In the hollow (or valley) behind the crown of the outer ankle.