

## Diabetes Mellitis

**C12** 4 cun above the navel, along the mid-line.

**K03** The width of two thumbs above the crown of the inner ankle, still on the inner side of the leg, but almost to the rear of the leg. Do not strongly stimulate this point after the third month of pregnancy.

**K05** Between the crown of the inner ankle and the tip of the heel. The spot that is most pressure sensitive may be relatively large compared to most other points, and is found about 2 thumbs from the tip of the heel.

**K07** The width of two thumbs above and slightly behind the inside crown of the inner ankle.

**LUI0** On the palm side of the hand in the center of the pad at the base of the thumb

**LUI1** 0.1 Cun from the nail bed bottom corner on the top of the thumb. Between the nail and the first joint of the thumb, just behind the nail on the side farthest from the other fingers.

**ST38** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.

**UB13** 1.5 Cun from the spine midline, just above the inside end of the bony part of your shoulder blade (spine of scapula). Level with the third thoracic vertebra about 4 cun above the bottom edge of the scapula.

**UB17** 1.5 Cun from the spine midline, along an imaginary line drawn between the bottoms of the shoulder blades (scapula). Easily stimulated with the Back-eze.

**UB20** 1.5 cun from the spine midline, between the 11th and 12th thoracic vertebra. 3.5 cun above the waist line on a normal-waisted person. Easily stimulated with the Back-eze.

**UB23** 1.5 **cun** from the spine on a level between the 2nd and 3rd lumbar vertebra level with the waist. Easily stimulated with the Back-eze.

**UB27** 1.5 cun from the spine on a level with the 1st posterior sacral foramen. 5 cun below the waist line. Easily stimulated with the Back-eze.

**UB28** 1.5 Cun from the spine midline, between the lower medial border of the posterior superior iliac spine and the sacrum. 2 cun above the point where the buttocks form a crease. Easily stimulated with the Back-eze.