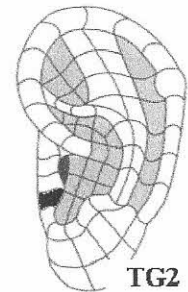
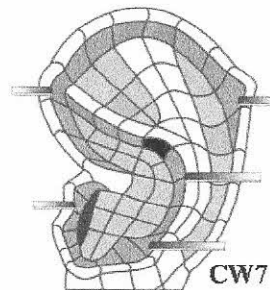
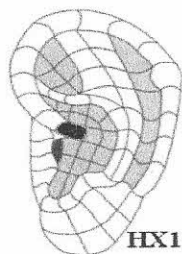
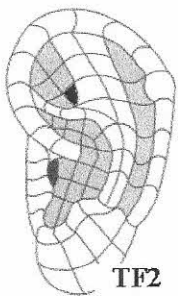
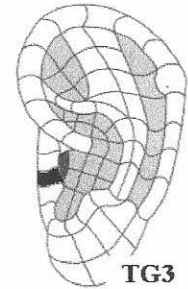
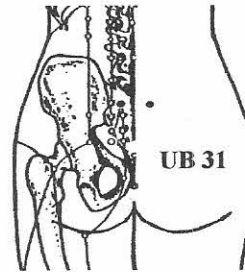
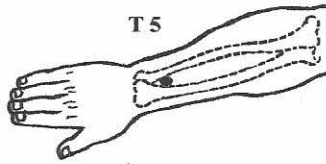
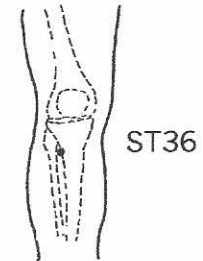
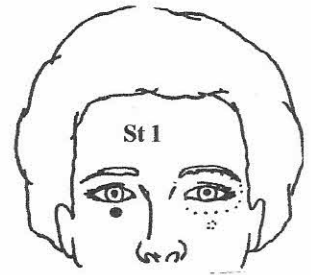
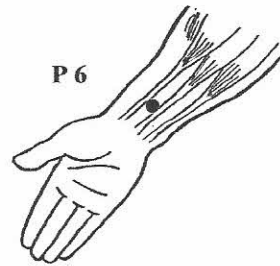
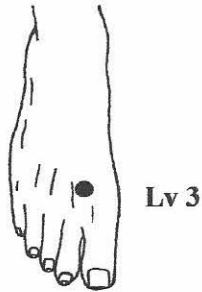
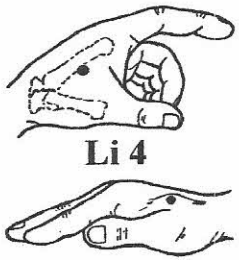
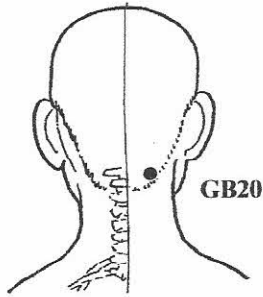


STRESS*

Points



STRESS*

(DESCRIPTIONS)

Point	Description
C17	In men, on the mid-line of the chest between the two nipples. In women, on the mid-line of the chest between the fourth and fifth ribs.
ECW07	THYMUS GLAND, THORACIC SYMPATHETIC GANGLIA
EHX01	Master Point 0, Point of Support, Solar Plexus, Umbilical Cord, Penis, or Clitoris, Sexual Desire, Bosch Point, Diaphragm, Hiccups. Located in a notch at the beginning of the Helix Root. This point brings the whole body toward a state of homeostatic balance
ETF02	Master Point 1, (Shen Men), French Hip, Chinese Shen Men (Divine Gate), Pelvic Cavity, French Wonder Point. Located in the middle of the 2nd zone of the Triangular Fossa. This master point alleviates pain, tension, anxiety, and depression.
ETG02	Master point 7: Tranquilizer Point, Chinese Hypertension (High Blood Pressure) Point, Valium Analogue Point, Relaxation Point, Corpus Callosum. Located on the 2nd zone of the Tragus. This master point produces a general sedation effect, reducing blood pressure and muscle tension.
ETG03	Master Point 6: Stress Control Point, Allergy Point, Chinese External Nose, Appetite Control (Hunger Point), Chinese Adrenal (Suprarenal) Gland, Corpus, Callosum. Located on the 3rd zone of the Tragus. This master point activates ACTH and corticosteroid hormones to facilitate the body's response to chronic stress.
GB20	This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
GB21	On the top of the shoulder, one to two inches from the side of the neck.
H07	Palm facing you, on the wrist crease closest to the hand, in the hollow directly in line with the inside of the little finger.
LI04	On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
LV03	Two cun above the separation between the biggest and second toes, on the top side of the foot.
P06	The width of two thumbs (2 Cun) above the most prominent crease on the inner wrist, in line with the middle finger.
ST01	Below the center of the eye in the small hollow which can be felt in the (orbicular) bone or eye socket bone.
ST36	The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
T05	The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm.
UB31	On the first posterior sacral foramen. 3 cun above the crease where the buttocks come together and 0.5 cun from the spine midline. Easily stimulated with the Back-eze.