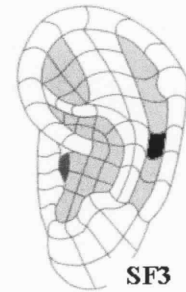
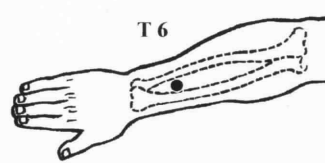
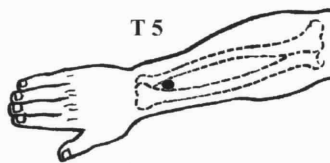
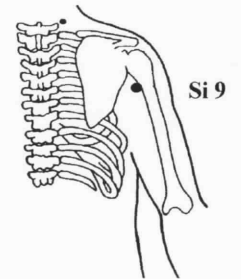
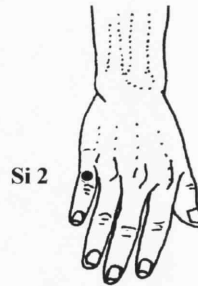
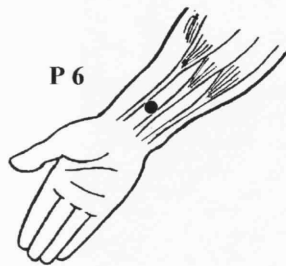
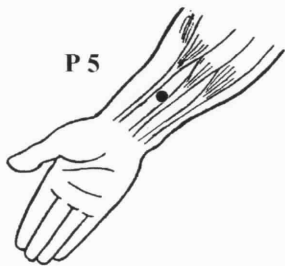
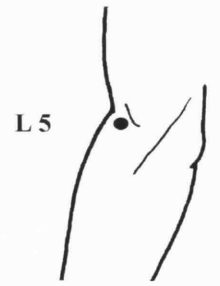
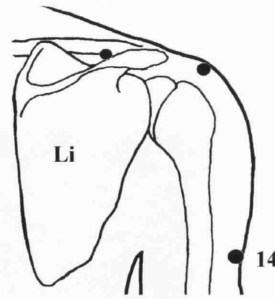
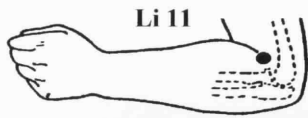
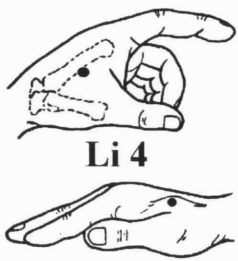
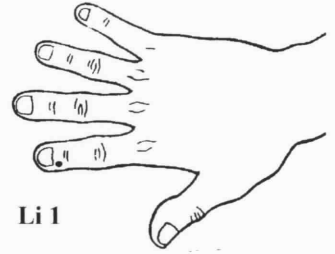
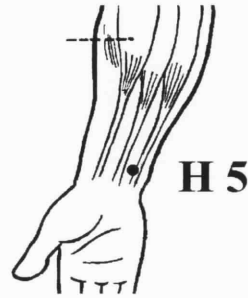
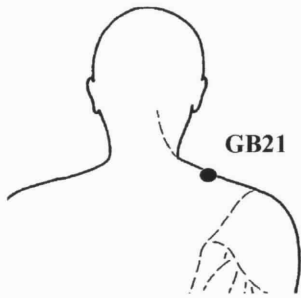


AcuPoint Analysis

ARM PAIN*

Points



AcuPoint Analysis

ARM PAIN*

(DESCRIPTIONS)

Point	Description
ESF03	Upper Arm, Chinese Shoulder, Appendix 2. Located on the 3rd zone of the Scaphoid Fossa.
GB21	On the top of the shoulder, one to two inches from the side of the neck.
H01	In the middle of the armpit.
H05	The width of one thumb above the most prominent crease of the inner wrist, in line with the smallest finger.
LI01	Just behind the corner of the fingernail of the index finger, on the side closest to the thumb.
LI04	On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
LI11	On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
LI14	The width of two hands below (direction toward the elbow) the tip of the shoulder, midway between the forward and rearward portion of the upper arm.
LU05	In the hollow, but more toward the outside (direction of the thumb) of the inner elbow crease.
P05	The width of three thumbs above the middle of the skin crease closest to the hand on the wrist in between the tendons of the forearm in line with the middle finger.
P06	The width of two thumbs (2 Cun) above the most prominent crease on the inner wrist, in line with the middle finger.
SI02	In the middle of the 3rd bone on the little finger on the outside of the hand.
SI09	1 Cun above the fold in back of the arm near the arm pit just below the shoulder joint.
ST36	The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
T05	The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm.
T06	3 Cun above the skin crease on the outer side of the wrist in the middle of the forearm.

ARM PAIN*:	
Auricular Points: Fingers * Elbows * Shoulder: Also T1-T15	