



AcuPoint Analysis

BACK HIGH

(DESCRIPTIONS)

Point	Description
G26	Midway between the nose and the upper lip.
GB21	On the top of the shoulder, one to two inches from the side of the neck.
K15	1 cun below the umbilicus, 0.5 cun lateral to the centerline of the body.
LI11	On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
SI15	In the depression of the seventh cervical vertebra and 2 Cun lateral to it.
SP09	On the inner portion of the leg, just below the level of the kneecap, in the concave depression just above the calf, in line with the crown of the inner ankle.
ST36	The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
UB60	In the hollow (or valley) behind the crown of the outer ankle.
FB57	Spine, upper. Both sides of the bottom of the feet.
FI57	Upper spine. On the inside of the foot.
HI57	Upper spine. Below second joint of thumb.
EA03	Upper Thoracic Vertebra. Located in the 3rd Antiheliz Zone.
EA04	Mid-Thoracic Vertebrae, Chinese Lumbar Vertebrae, French Heart Point. Located in the 4th zone of the Antihelix Zone.
EA05	Lower Thoracic Vetebrae, Chinese Coccyx, Abdomen, Heat Point. Point #5 on the Antihelix zone.
EW03	Thoriacic Sympathetic Ganglia, Thymus Gland, Thymic Plexus. Located on the 3rd zone of the Wall of the Antihelix.
EW04	Thoracic Sympathetic Ganglia, Mammary Gland. Located on the 4th zone of the Wall of the Antihelix.