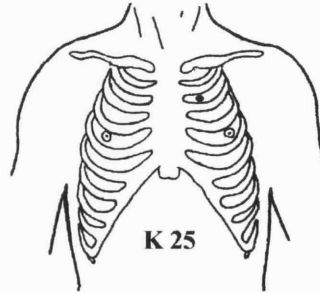


# AcuPoint Analysis BREATHING DIFFICULTY\*

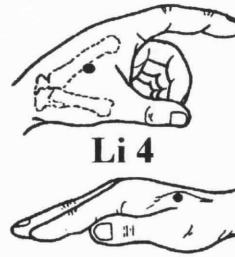
## Points



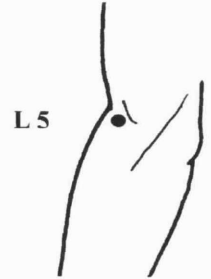
**C 17**



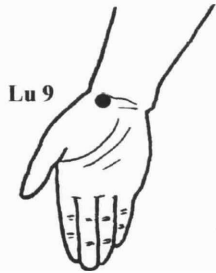
**K 25**



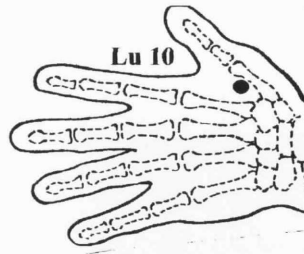
**Li 4**



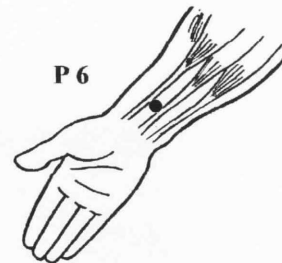
**L 5**



**Lu 9**



**Lu 10**



**P 6**



**ST36**

- C17** In men, on the mid-line of the chest between the two nipples. In women, on the mid-line of the chest between the fourth and fifth ribs.
- K25** Between the second and third ribs from the top midway between the nipple and the breastbone.
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LU05** In the hollow, but more toward the outside (direction of the thumb) of the inner elbow crease.
- LU09** On the crease closest to the hand of the inner wrist, in line with the thumb.
- LU10** On the palm side of the hand in the center of the pad at the base of the thumb
- P06** The width of two thumbs (2 Cun) above the most prominent crease on the inner wrist, in line with the middle finger.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.