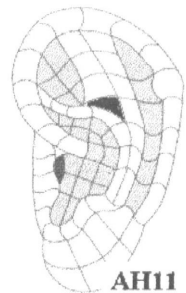
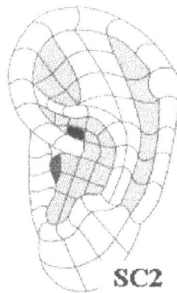
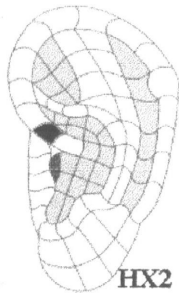
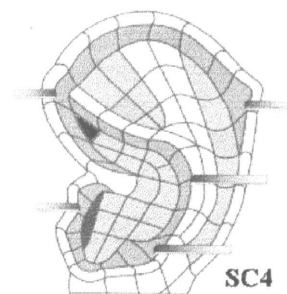
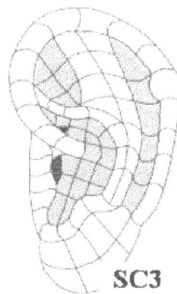
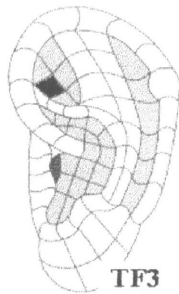
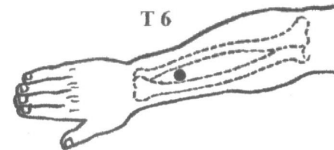
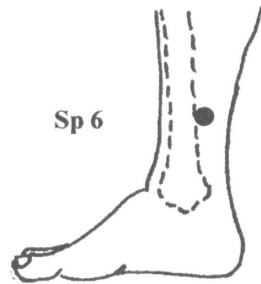
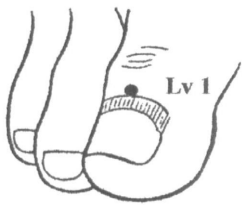
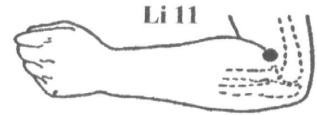
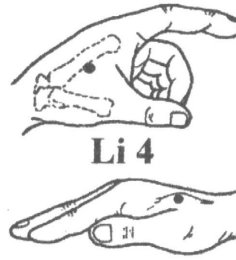


AcuPoint Analysis CONSTIPATION*



- C06** 1.5 Cun below the navel.
- GB34** Slightly below the level of the bottom on the kneecap, on the outer side of the leg, in the slight depression formed when the knee is completely straight. Forward of a line to the crown of the outer ankle.
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LI11** On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
- LV01** Just behind the nail of the big toe, near the corner of the side closest to the outer toes.
- SP06** The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- T06** 3 Cun above the skin crease on the outer side of the wrist in the middle of the forearm.
- FBL11** Descending Colon. Bottom left foot.
- ETF03** THIGH, Chinese Constipation Point, Antihistamine Point. Located on the 3th zone of the Triangular fossa.
- ESC03** LARGE INTESTINES, COLON, HYPOGASTRIC NERVE
- ESC04** RECTUM .F, PROSTATE GLAND .C, HEMORRHOIDS .F
- EPC04**
- EHX02** Diaphragm .C
- ESC02** SMALL INTESTINES, APPENDIX OMEGA 1, ALCOHOLIC POINT
- EAH11** ABDOMEN, LUMBAGO (LUMBODYNIA) POINT, HEAT POINT