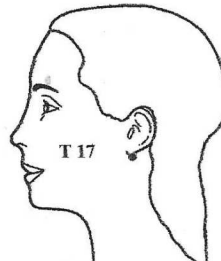
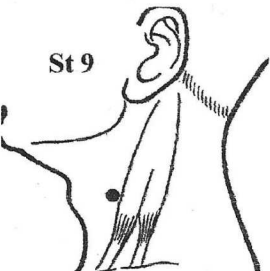
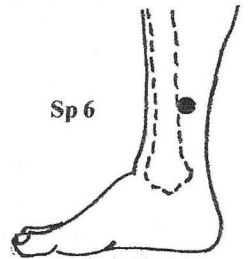
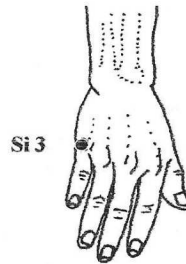
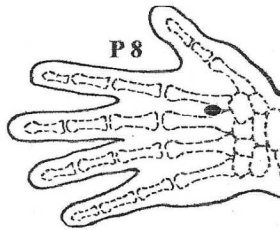
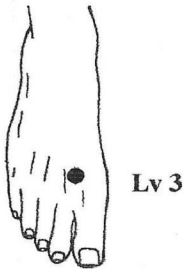
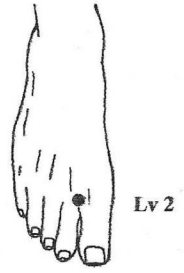
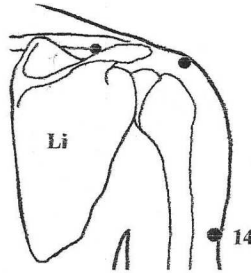
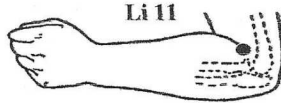
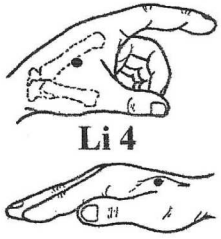
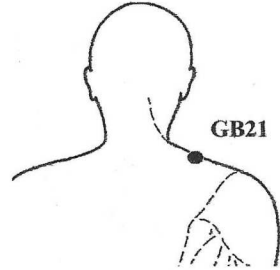
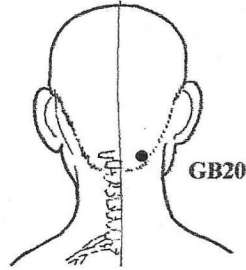
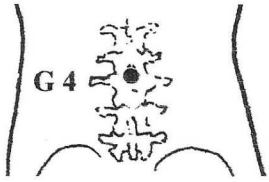


AcuPoint Analysis ARTERIOSCLEROSIS*



- G04** On the spine atop the third lumbar vertebra, in line with the waist on a "normal-waisted" person.
- G20** On the midpoint of the skull on a line connecting the tops of the ears.
- GB20** This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
- GB21** On the top of the shoulder, one to two inches from the side of the neck.
- LI04** On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
- LI11** On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
- LI14** The width of two hands below (direction toward the elbow) the tip of the shoulder, midway between the forward and rearward portion of the upper arm.
- LV02** On top of the foot slightly behind the separation between the biggest and the second toes.
- LV03** Two cun above the separation between the biggest and second toes, on the top side of the foot.
- P08** Between the second and the third metacarpal bones of the hand, where the tip of the middle finger touches when the fist is clenched.
- SI03** On the outer edge of the hand, directly behind the knuckle of the littlest finger.
- SP06** The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
- ST09** 1.5 cun to the side of your adams apple on your throat.
- ST36** The width of one hand (3 Cun) below the bottom of the kneecap, and the width of one thumb (1 Cun) toward the outside of the leg (direction of the small toe.) Found in the trough or valley where the two most prominent bones of the calf come together.
- T17** Just behind the ear, along the rear of the jaw bone in the depression between the mastoid process and the mandible.