

AcuPoint Analysis

AUTISM*

(DESCRIPTIONS)

Point	Description
GB20	This point is right under and against the base of the skull, in the two small muscular grooves at the back of the neck, two to three inches apart depending on the size of the head.
K06	0.5 cun below the crown of the inner ankle.
LI04	On the back of the hand between the thumb and index finger metacarpal bones. Find the spot midway on the bone that connects the index finger to the wrist. Sometimes this point is easy to find by squeezing two fingers together to form a small mound and marking an imaginary point at the peak of that mound. Then probe inward toward the main body of the hand, right on the bone.
LI11	On the extreme end of the outer crease of the elbow. Bend your arm tightly and place your Acu-Ki on the end of the crease. Keep your massager in place while opening the arm and stimulate the point on your relaxed arm downward toward your forearm.
LU09	On the crease closest to the hand of the inner wrist, in line with the thumb.
SP06	The width of one hand (3 thumbs) above the crown of the inner ankle, just behind the shin bone on the front of the leg.
T05	The width of two thumbs above the most prominent crease of the upper wrist, in line with the middle finger. On the outside of the forearm.
UB01	At the inner corner of the eye, very near and slightly above the tear duct; massage between the notch you feel above the eye in the skull and the tear duct.

